



# 2017 MNA Convention

October 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup>  
Premier Best Western Hotel  
Helena, MT



Montana Nurses Association Welcomes You to the 105<sup>th</sup> Annual MNA Convention

## WEDNESDAY OCTOBER 4, 2017

8:00-8:30	<b>REGISTRATION IN FOYER</b>	
8:30-8:35	<b>WESTERN STAR/EMPIRE WELCOME</b> Vicky Byrd, BA, RN, OCN, MNA Executive Director Pam Dickerson PhD, RN-BC, FAAN Director of Continuing Education	
8:35-10:35	<b>WESTERN STAR/EMPIRE Session 1- PLENARY</b> <b>Caring for Patients with Suicide Risk: Building a Foundation for Assessment, Screening and Treatment</b> Karl Rosston LCSW	
10:35-11:00	<b>ORIENTAL BREAK &amp; NETWORKING</b> Meet and Greet with our Vendors	
11:00-12:00	<b>WESTERN STAR/EMPIRE Session 2- PLENARY</b> <b>Nutrition Knowledge: The Importance of Nurse Competency</b> Jaime Larese MS, RDN,LDN	
12:00-1:15	<b>ORIENTAL LUNCH &amp; NETWORKING; EXHIBITS &amp; PASSPORT FOR PRIZES</b>	
1:15-2:45	<b>WESTERN STAR/EMPIRE Session 3- PLENARY</b> <b>Type 1 Diabetes Panel: The Patient Experience</b> Bostyn Pearson, Misti Pearson, Dena Greenlief RN, CEN, Sandy Sacry MN,RN, Cody Bartholomew RN, CDE	
2:45-3:00	<b>ORIENTAL BREAK</b>	
3:00-4:00	<b>IRON HORSE Session 4</b> <b>Rapid Response Teams-Early Recognition, Early Response, Early Intervention:</b> Angela Hinman MSN RN CCRN	<b>WESTERN STAR/EMPIRE Session 5</b> <b>Four Things that Your Diabetes Patient Wants You to Know.</b> Julie Belschweder BSN RN, Amy Katz RN CDE
4:00-4:05	<b>ORIENTAL BREAK &amp; NETWORKING; EXHIBITS &amp; PASSPORT FOR PRIZES</b>	
4:05-5:05	<b>WESTERN STAR Session 6- PLENARY</b> <b>The Federal Healthcare Debate: What do Montanans Need to Know</b> Aaron Wernham, MD, MS	
5:05-6:00	<b>ORIENTAL RECEPTION WITH MNA BOARD OF DIRECTORS-Launch of MNA Foundation</b> <b>Heavy Hors d'oeuvres and No Host Bar</b>	
6:00-8:00	<b>IRON HORSE</b> <b>Council on Advanced Practice</b>	<b>WESTERN STAR/EMPIRE</b> <b>Collective Bargaining Assembly</b>

## THURSDAY OCTOBER 5, 2017

7:30- 8:00	<b>REGISTRATION IN FOYER</b>		
7:30-8:00	Treasurer's Time <b>FOYER</b>	Bylaws Committee <b>CLUB CAR</b>	Resolutions Committee <b>IRON HORSE</b>

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8:00-9:00	<b>WESTERN STAR/EMPIRE Session 7- PLENARY</b> From Day One: Engaging New Nurses Sheri Cosme DNP,RN & Mandy Pokorny MHA,BSN, RN		
9:00-9:10	<b>ORIENTAL BREAK &amp; NETWORKING; EXHIBITS &amp; PASSPORT FOR PRIZES</b>		
9:10- 10:10	<b>IRON HORSE Session 8</b> Understanding Autism Spectrum Disorders and their Impact on Providing Care to Children and Adolescents Dawn Tarabochia PhD	<b>WESTERN STAR/EMPIRE Session 9</b> Utilizing Preceptors: The Cornerstone of a Transition to Practice Program Sheri Cosme DNP, RN-BC & Mandy Pokorny MHA,BSN, RN	
10:10-10:25	<b>ORIENTAL BREAK &amp; NETWORKING; EXHIBITS &amp; PASSPORT FOR PRIZES</b>		
10:25- 11:25	<b>IRON HORSE Session 10</b> When It Can't Be All Better: Providing Care for Grieving Children and Teens Mary Ann Sontag Bowman PhD, LCSW	<b>WESTERN STAR/EMPIRE Session 11</b> Practical Triage of Urinary Incontinence in the Elderly Christine Bradbury MD FACS	
11:25-1:00	<b>ORIENTAL LUNCH &amp; DISTRICT ACTIVITIES – AWARDS</b> Thank you District 3 for hosting!		
<b>THANK YOU TO ALL OUR VENDORS and SPONSORS</b>			
1:00-4:00	<b>WESTERN STAR/EMPIRE OPENING CEREMONY HOUSE OF DELEGATES</b> Color Guard-Carroll College ROTC, Invocation- Chaplain Kim Pepper ThM, BCC National Anthem – Mary Thomas, BA, RN, OCN		
4:30-6:00	<b>ORIENTAL BUFFET DINNER AND NO HOST FULL SERVICE BAR</b>		
6:00	<b>Panel Discussion</b> These Combat Boots are Made for Walking: Where Do We Go from Here?		
<b>FRIDAY OCTOBER 6, 2017</b>			
8:00-9:00	<b>FOYER</b> Registration	<b>IRON HORSE</b> Resolutions Committee as needed	<b>WESTERN STAR/EMPIRE</b> Bylaws Committee as needed
9:00-10:00	<b>WESTERN STAR/EMPIRE Session 12- Plenary</b> Delegation in Nursing: New Rules Bring Change Heidi Blossom MSN,RN Kailyn Mock MHA,		
10:00-10:10	<b>ORIENTAL BREAK</b>		
10:10-11:10	<b>WESTERN STAR/EMPIRE Session 13- Plenary</b> Montana Drug Trends: Illegal Dangerous Drugs Brad Gremaux Narcotics Bureau Chief		
11:10-11:15	<b>ORIENTAL BREAK</b>		
11:15-12:15	<b>WESTERN STAR/EMPIRE Session 14 -Plenary</b> Stroke in the Emergency Room-Managing Ischemic Stroke Jason Gleason MSN, NP-C		
12:15-1:00	<b>ORIENTAL LUNCH</b>		
1:00-1:15	<b>WESTERN STAR/EMPIRE GROUP PICTURE PRIOR TO HOD EVERYONE PLEASE COME</b>		
1:15-5:00	<b>WESTERN STAR/EMPIRE House of Delegates</b>		
<p><b>Criteria for Successful Completion:</b> Contact hours will be awarded based on number of sessions attended. Participants must sign in each day, and return the certificate copy to the registration desk after the final educational activity.</p> <p><b>Total number of contact hour's available 12.5 Total number of RX Contact hours</b></p> <p>There is no conflict of interest for any planner or presenter involved with this learning activity except Jason Gleason, who is a speaker with Genentech.</p> <p>Montana Nurses Association is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.</p>			

## 🌀 Day 1 Wednesday October 4<sup>th</sup>, 2017 🌀

### **Caring for Patients with Suicide Risk; Karl Rosston LCSW (plenary)**

Karl Rosston is the Suicide Prevention Coordinator for the Montana Department of Public Health and Human Services. He provides evidenced-based programs to all Montana secondary schools, implements the State Suicide Prevention Plan, supports the Montana Suicide Prevention Lifeline, implements firearm safety programs and statewide media campaigns, provides suicide prevention trainings, and coordinates suicide prevention efforts around the state. Karl is adjunct faculty at the Montana Law Enforcement Academy and a nationally certified trainer in QPR and Mental Health First Aid.

Karl's presentation focuses on building a foundation for assessment, screening, and treatment. He will address suicide within our culture, with specific attention towards Montana and primary care. The presentation covers national and Montana data, demographics of a suicidal person, warning signs, depression screening, suicide risk assessment, lethal means counseling, safety planning, caring contact, and available resources to support evidenced-based practice in this area.

### **Nutrition Knowledge: The Importance of Nurse Competency; Jaime Larese MS, RDN, LDN (plenary)**

Jaime J. Larese is a versatile professional trained in journalism, human nutrition, food science and health promotion who coordinates and implements large-scale health programming and supports individualized care with corporate and non-profit wellness clientele. Jaime oversees expansion efforts to include spectrum of wellness services, including blood screens, provider-follow-up, and wellness education. She actively collaborates with and manages wellness teams to deliver wellness initiatives to internal and external clients designed to reduce at-risk populations and deliver positive outcomes. She is a passionate "foody", outdoor enthusiast and lover of all furry animals.

Jaime's session focuses on growing concerns about malnutrition, lack of appropriate lifestyle changes regarding disease-states, and misinformation regarding nutrition and its role in health. The most common cause for insufficient nutritional success among patients is lack of nutritional knowledge by the healthcare team (dietitians excluded). This session will improve nurses' understanding of nutrition related issues and how this information can be used for personal health promotion as well as in patient education and care.

### **Type 1 Diabetes Panel: The Patient Experience (plenary)**

Bostyn Pearson is a 12 year old with Type 1 diabetes who wants to help nurses be more informed in helping her manage her disease. She will be accompanied by her mother, Misti Pearson who will give us the perspective of a mother of a child with diabetes. Dena Greenlief, RN, CEN, is a mother of a son diagnosed with Type1 Diabetes at the age of 5. Cody Bartholomew RN, CDE, has had Type1 Diabetes since childhood and currently serves as a diabetes educator. Sandy Sacry MSN, RN, the Helena College-University of Montana Nursing Director, will be the moderator and also has Type 1 Diabetes, diagnosed at the age of 50.

This Session presents the patient experience in living with Type 1 diabetes, personally or as a family member. Panelists will share challenges they have experienced and how they've managed these challenges. This session will help nurses provide the best possible care, information, and support for people with Type 1 diabetes and their families.

### **Four Things Your Diabetes Patient Wants You to Know; Julie Belschweder BSN, RN, and Amy Katz, RN, CDE (concurrent session)**

A graduate of Northern Arizona University, Julie Belschweder began her nursing career in OB and is a certified lactation counselor. She started working in the Diabetes Center in 2015 and her passion for working with diabetes patients originated while working on the reservations in Flagstaff, AZ. Amy Katz started her nursing career as a burn nurse and in critical care. She has worked as a RN at the Diabetes Center in Bozeman for 8 years and recently became a Certified Diabetes Educator

This presentation builds on information from the panel, focusing on tying together aspects of diabetes that patients encounter whether in hospital, clinic, or public. This session includes technology tips as well as myths and methods concerning the timing of meals, insulin, and carb counting. Changing standards for insulin management of hospitalized patients with diabetes and the impact of comorbidities on diabetes management will be discussed.

**Rapid Response Teams: Early Recognition, Early Response, Early Intervention; Angela Hinman, MSN, RN, CCRN (concurrent session)**

Angela Hinman has been a nurse at St. Patrick Hospital for 15 years. She started her career as an LPN in the inpatient dialysis unit. She has been a Critical Care Nurse for 9 years, including 6 as a Rapid Response Team Nurse. Two years ago, she received her Master's degree in Nursing Education and after 9 years of nightshift took the ICU Clinical Nurse Educator position. She continues to work regularly as a rapid response team member.

This session will provide multiple case studies showing how the interventions of an interprofessional rapid response team improve interventions to provide better patient outcomes. Participants will also have an opportunity to discuss how to institute a rapid response team in critical access hospitals.

**The Federal Healthcare Debate: What do Montanans Need to Know; Aaron Wernham, MD, MS (plenary)**

Aaron Wernham is the Chief Executive Officer at the Montana Healthcare Foundation, located in Bozeman, Montana. Dr. Aaron Wernham is a family physician and CEO of the Montana Healthcare Foundation, where he brings experience in both medical practice and health policy work to the job of providing strategic direction for the Foundation. Over more than a decade in clinical practice, Dr. Wernham worked in underserved communities in urban California and rural Alaska, where he also served as a policy advisor for Alaska Native tribes. In his work on health policy at the national level, Aaron developed and led the Health Impact Project, a major national initiative of the Robert Wood Johnson Foundation; he has served on several National Academy of Sciences committees, and authored a number of peer-reviewed articles, book chapters, and public health reports. Dr. Wernham received his medical degree from the University of California, San Francisco.

This session will address proposed legislation regarding healthcare, including opportunities for nurses and other healthcare providers to be advocates for patient care and safety. Content will be updated to reflect changes that may occur up to the time of Convention.

**🌀 Day 2 Thursday, October 5<sup>th</sup>, 2017 🌀**

**From Day One: Engaging New Nurses; Sheri Cosme DNP, RN, and Mandy Pokorny, MHA, BSN, RN (plenary)**

Sheri Cosme currently serves as Senior Operations Manager of Accreditation at the American Nurses Credentialing Center, where she is responsible for the Practice Transition Accreditation Program™. She has experience in direct care and clinical education, as well as serving as adjunct faculty for Sacred Heart University. Sheri received her bachelors in nursing with distinction from the University of New Hampshire, her masters of science in nursing from the University of

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Hartford and her doctorate in nursing practice from Sacred Heart University. Mandy Pokorny received her Bachelor's degree in Nursing from MSU Bozeman in 2010. She has since worked in a variety of clinical and leadership positions including intensive care, same-day surgery, and management. In 2014, she completed her Master's degree in Healthcare Administration from MSU Billings and, for the past two years, has been proudly working as the Program Director for the Nurse Residency Program at Kalispell Regional Healthcare.

This session will demonstrate how the power of a transition to practice (TTP) program can engage new nurses in the practice environment. Participants will learn how to differentiate the nomenclature of TTPs and how to advocate to leaders why they are vital to staff engagement. This presentation will also explore the future of TTP and potential impacts on quality healthcare.

**Utilizing Preceptors: The Cornerstone of a Transition to Practice Program; Sheri Cosme DNP, RN, and Mandy Pokorny, MHA, BSN, RN (concurrent session)**

With the same facilitators, this session offers a follow-up to the TTP plenary for those who are interested in exploring how staff nurses can support nurse residents and preceptors in a residency program, as well as how to be an effective preceptor. Attendees will learn the five roles of preceptorship, what to expect from the next generation of nurses, how preceptors can assist residents through role transition, and how to effectively utilize Benner's Novice to Expert Framework within the Preceptor role.

**Understanding Autism Spectrum Disorders and Its Impact on Providing Care to Children and Adolescents; Dawn Tarabochia PhD (concurrent session)**

Dawn Tarabochia is an Associate Professor in Community Health and Gerontology at Montana State University. She received her undergraduate degree and master's degree from the University of Idaho, as well as a doctorate in Health Education and Health Promotion from the University of Utah. She also holds a Master's certificate in Gerontology. Dr. Tarabochia's research focuses on well-being throughout the lifespan, especially promoting well-being for older adults, the impact of technology on health in families and adolescents, and well-being for children and adolescents with Autism Spectrum Disorders.

This presentation will focus on understanding autism spectrum disorders (ASD) and how these disorders can impact the ability to provide health care to individuals with autism. Factors that will be considered include characteristics of individuals on the ASD spectrum, how ASD characteristics impact personal care and interface with the healthcare system, and ways healthcare providers can best work with children, adolescents, and parents.

**When It Can't Be All Better: Providing Care for Grieving Children and Teens; Mary-Ann Sontag Bowman, PhD, LCSW (concurrent session)**

Mary-Ann Sontag Bowman is a licensed clinical social worker and a tenured faculty member at the University of Montana, holds a Ph.D. and an MSW from the University of California at Berkeley. Her clinical work included serving as a hospice social worker/bereavement coordinator, developing and implementing a bereavement program at a regional pediatric hospital, providing crisis social work services to pediatric patients and their families, and being part of a team that developed a successful pediatric palliative care service. Mary-Ann's research agenda focuses on grief and loss, parental bereavement, pediatric palliative care, and the human-animal bond, especially at the end of life.

This session will provide information about five immediate and effective ways to support grieving children and teens. From a foundation of child development, issues related to death, loss, and grief will be addressed, including common

myths about grief. Ways in which children express grief will be explored, with emphasis on the important supportive role of healthcare providers.

**Practical Triage of Urinary Incontinence in the Elderly; Christine Bradbury MD, FACS** (concurrent session)

Christine Bradbury has an undergraduate degree in psychobiology and an MD from Eastern Virginia Medical School. She completed a residency in urological surgery at the University of Utah. She has been in private practice as well as working in the VA system.

This session will address the epidemiology of incontinence with aging, including signs and symptoms, diagnosis, and treatment. Participants will identify the value of early identification of symptoms by nurses in the primary care environment.

**Day 3 Friday, October 6<sup>th</sup>, 2017**

**Delegation in Nursing: New Rules Bring Change; Heidi Blossom MSN, RN, and Kailyn Mock, MHA** (plenary session)

Heidi Blossom is the Nursing Consultant Coordinator for the Montana office Of Rural Health & Area Health Education Center. She is a co-author of the article, "The Experience of Nursing Students Visiting Older Adults Living in Rural Communities," published in the *Journal of Professional Nursing* July/August 2013. She collaborated with the Robert Wood Johnson Foundation Executive Nurse Fellows program to develop a guide for Community Health Workers, "Building a Community Health Worker Program." She holds a BA in Nursing from Carroll College, Helena, MT, and an MSN from Gonzaga University, Spokane, WA, in Nursing Education. Kailyn Mock is a Project Coordinator at the Montana Office of Rural Health and Area Health Education Center (AHEC) at Montana State University. She managed the Robert Wood Johnson Foundation (RWJF) *Academic Progression in Nursing* Grant for four years and currently serves as a project coordinator for the Montana Graduate Education Council and nursing education coordinator for the Montana Board of Nursing. Ms. Mock also serves on the Montana Rural Health Initiative Collaborative Committee, Montana's statewide Nursing Action Coalition, is the President Elect of the Montana American College of Healthcare Executives (ACHE) Chapter, and is a National Rural Health Association Rural Health Fellow.

This session discusses the 2016 Montana Board of Nursing updated delegation rules. Participants will have an opportunity to review the process for rules changes, explore how delegation rules impact nursing practice and safety, and work through scenarios to determine how nursing tasks can or cannot be delegated to unlicensed assistive personnel.

**Montana Drug Trends: Illegal Dangerous Drugs; Brad Gremaux** (plenary session)

Brad Gremaux is the Narcotics Bureau Chief for the Montana Division of Criminal Investigation. Brad has been a sworn law enforcement officer in the State of Montana for 22 years. Brad has been with the Montana Department of Justice, Division of Criminal Investigation for 12 years. Brad has an extensive background of undercover experience, conducting complex drug conspiracy investigations, and was assigned as a task force supervisor. Brad was assigned to an FBI Violent Crimes Task Force for 5 years. He was certified in methamphetamine lab response and dismantling, assigned to the DCI Narcotics TAC Team, and he was a trainer for Drug Endangered Children presentations. In addition, Brad has taught at the Montana Law Enforcement Academy for over 10 years.

This session outlines the illegal dangerous drug use in Montana as a changing phenomenon over time. Current trends will be supported by statics and experience, current drug use patterns, arrests, and case numbers

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investigated by the Montana Department of Justice, Division of Criminal Investigation. **IMPORTANT NOTE:** We respectfully request that there be no photographs of the speaker or the slides for this session.

**Stroke in the Emergency Room – Managing Ischemic Stroke; Jason Gleason MSN, FNP, NP-C**

Jason Gleason has been a Registered Nurse since 1994 and a Board Certified Family Nurse Practitioner since 2001. He has a broad and expansive practice portfolio including Occupational Health, Family Practice, Emergency Medicine and most recently as a Stroke Care Consultant and national speaker on promoting and advancing stroke care. He served for twenty years in the Air National Guard prior to retiring as a Lieutenant Colonel in 2015. He currently works in primary care at the VA in addition to working in an emergency department of a Level II Trauma Center.

This session takes participants through a riveting journey of real world stroke scenarios from the emergency room, incorporating actual patient experiences with the latest advances in stroke care.

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