

Day 1, Wednesday, October 3, 2018

**Understanding Palliative Care; Sandra Welgreen, MD (plenary)**



What is palliative care? This session defines palliative care and settings in which it is provided. The role of palliative care providers and ways to support patients with specific conditions will be explored. Learn about pain and symptom management in palliative care!

Dr. Welgreen has been an internist, geriatrician and hospice and palliative care physician for 35 years. She resides in Los Angeles and started the Department of Geriatrics, Palliative, and Continuing Care at the Kaiser Permanente Panorama City Medical Center. She is fortunate that her daughter, son-in-law, and grandson moved to Helena, MT.

**Complementary and Alternative Medicine: Integration into the Nursing Model; Laura Marx, MSN, RN, APRN-BC (concurrent session)**



Are you aware of how complementary and alternative medicine (CAM) practices can be integrated into a healing model? This session will address CAM modalities and how they can be used in nursing practice. Learn how a shift in focus to patient function rather than disease diagnosis facilitates CAM use to help patients.

Laura Marx has been a Certified Family Nurse Practitioner for 34 years, practicing in a variety of settings including migrant clinics, women's health and family practice. She is an Assistant Clinical Professor for Montana State University College of Nursing on the Missoula Campus. Because of her passion to integrate the western model of medicine with complementary and alternative care, Laura opened a private practice in January of 2011 at the Red Willow Center for Health and Healing in Missoula, Montana, where she currently practices.

**Creating a Thriving Culture: From Survive to Thrive; Susan Connell, RN (concurrent session)**



Do you aspire to be a nurse leader? Hear Susan's story and engage in dialogue about moving from what is to what can be, and the amazing outcomes that can be achieved! Susan was a staff nurse asked to take a department manager role when previous manager left. Learn from her experience about attributes of effective leadership, strategies for navigating change, and ways to generate momentum to support a new culture.

Susan Connell is the family birth manager at Bozeman Health. Under her leadership, her department has received the Blue Distinction Plus Award (Quality and Patient Satisfaction Excellence) in 2016 and 2017 and the Woman's Plus Award for America's Best Hospitals in Obstetrics in 2017.

**Meeting the Needs of Individuals with Alzheimer's and their Caregivers: A Community and Patient-Centered Approach to Care; Miranda Meunier, MSN, GNP-BC (concurrent session)**



Alzheimer's and other forms of dementia impact individuals, families, and communities. Engage in this presentation to discuss dementia's burden on society and the characteristics of different forms of dementia. You'll learn about the importance of early recognition and explore community resources for individuals and families that impact their quality of life.

Miranda Meunier is a nurse practitioner in the geriatrics department at Billings Clinic. A graduate of St. Olaf College in Minnesota, where she received her BSN, she worked in Seattle before moving to North Carolina, where she was a Hartford Foundation scholar in her master's degree work at Duke University.

**Improving Care Coordination and Saving Money by Working with Super-Utilizer Patients; Britt Lake, BSN, RN (concurrent session)**



Do you have “super-utilizer” patients? Learn about a project to create community outreach teams in three Montana cities to address clinical needs and social determinants of health. The result: home visits and timely interventions to meet patients’ needs for 36 patients saved almost \$1.8 million by reducing avoidable readmissions and avoiding unnecessary visits to the emergency department!

Britt Lake is care transitions community coalition lead for Mountain Pacific Quality Health.

**Shared Governance; Kari Parmer MSN, RN, panel facilitator (plenary session)**



Have you wondered what shared governance was, or how it could work for you? Has your facility considered use of unit councils? Shared governance in nursing embraces a model of shared decision making between bedside nurses and leadership that fosters creativity, critical thinking, and ownership. Shared governance is often formulated in organizations through unit-based councils and larger nursing practice councils. These councils are nursing led, with projects focused on improvements in patient care. Learn from a panel of bedside nurses sharing real scenarios – how their personal engagement and ideas made a difference! Panelist Participants are Lauren Swanson BSN, RN, CCRN, Tessa McGree, RN.

Kari Parmer is the director of oncology services at St. Peter’s Hospital in Helena, where she serves as vice chair of the director’s council and chair of the nursing practice council. She graduated from Carroll College with a Bachelor of Arts in Nursing and received a master’s degree in nursing leadership and administration from Walden University. Kari worked as a labor and delivery nurse at St. Peter’s Hospital and was co-chair of the hospital’s first unit council. She served as the hospital’s first nurse navigator for the breast cancer program and was instrumental in helping the hospital obtain national accreditation for that program.



Lauren Swanson, BSN, RN, CCRN, currently works as a clinical nurse in the ICU at St. Patrick Hospital in Missoula, Montana. Lauren is an active participant in her Unit Based Council and previously chaired St. Patrick Hospital's Professional Development Council. Prior to nursing, Lauren worked in Business and Public Relations. She completed the Accelerated Nursing Program at The Johns Hopkins University School of Nursing in 2009 and initially worked in the CVIMCU at the University of Colorado Hospital (UCH) in Aurora, Colorado. Working at UCH introduced Lauren to the idea of shared governance and unit based councils, which she quickly became involved in. In 2013, Lauren and her husband decided to move back home to Montana and Lauren started in the float pool at St. Patrick Hospital. Continuing her interest in shared governance, Lauren joined the float pool unit based council and a number of house-wide shared

governance councils. Through these councils Lauren has participated in Quality Improvement Projects as well as Evidence Based Practice projects to improve not only the working environment, but more importantly, patient care and outcomes.

### **Nurse/Concert Attendee turned First Responder/Survivor – How to Recover After a Traumatic Event; Michelle Cole, BSN, RN, TCRN (concurrent session)**



What were your thoughts when you heard about the mass shooting in Las Vegas? What would you have done if you were there? How would that experience have impacted you as a nurse? Hear this “first person” experience of a nurse colleague who was there – what she did, and how this impacted her life and her practice.

Michelle Cole, RN, BSN, TCRN, is currently the Trauma Program Manager at Providence St Patrick Hospital a level 2 trauma center in Missoula Montana. She has had training in Active Shooter and Stop the Bleed, and is active in the emergency preparedness in the hospital and community.

### **Colorectal Cancer Screening; Courtney Buys, PCMH CCE (concurrent session)**



What do you tell your patients about colorectal cancer screening? Do you know that Montana’s current screening rate is well below the state goal of 80%? Learn about the Montana Primary Care Association’s efforts to support community health centers in innovative strategies to improve screening rates and explore low-cost, evidence-based screening options for your patients.

Courtney Buys is the Health Outcomes Improvement Manager for the Montana Primary Care Association; an organization that provides training and technical support to Montana's Federally Qualified Health Centers. Courtney primarily works on quality improvement measures to increase preventable disease screening and management in Montana's CHCs. She is a Patient Centered Medical Home Certified Content Expert and provides technical assistance to centers in their PCMH application process. Courtney is the Vice-Chair of the Montana Cancer Coalition. Prior to her current role, Courtney spent a year serving as an AmeriCorps VISTA at the Montana Primary Care Association working on the Cover Montana project; increasing awareness, understanding, and utilization of Montana's affordable health insurance options for low-income Montanans.

**Public Health in Montana: Celebrating 100 Years; Susan Reeser BSN, RN, and Kristi Aklestad, MSN, RN**



Hear the story of public health achievements and challenges in Montana over the past 100 years! Hear about timelines, view photos, and learn about the current workday of a public health nurse!

Susan Reeser is a nurse consultant with the Montana Department of Public Health Immunization Program and serves as the Perinatal Hepatitis B Coordinator. She has over 30 years of experience in the field of public health, as well as medical clinics, schools, and hospitals. In her current role, she provides consultation to health departments, healthcare providers, and hospitals to answer questions and provide updates on immunizations.



Kristi Aklestad is the director of the Toole County Health Department and has been working in the field of public health nursing for fifteen years. She received a bachelor's in nursing from Carroll College and has a master's degree in advanced public health nursing from the University Of North Dakota. Kristi is a member of the Montana Public Health Association Executive Board, the Montana Public Health System Improvement Taskforce, the Public Health Workforce Development Taskforce, and is the current chair of the Association of Montana Public Health Officials.

Day 2: Thursday, October 5, 2018

**Your Frontline is Your Bottom Line: Benefits of Creating Positive Practice Environments (plenary);  
Christine Pabico, MSN, RN, NE-BC**



How can you help to create a positive practice environment? The increasing rate of nurse dissatisfaction, burnout, and turnover can have a profound negative impact on nurse and patient outcomes. Practice environment-related reasons have been identified as one of the most frequent reasons for turnover. Although some contributing factors to nurse turnover are unavoidable, practice environment-related reasons are within the nurse leader's control. Learn the essential elements of a positive practice environment, and discuss the benefits to patients, nurses, and organizations when we create environments that support and empower nurses.

Christine Pabico is the Director of ANCC's Pathway to Excellence® program. Christine has vast experience in the creation and maintenance of positive practice environments, and expertise in quality improvement strategies, staff engagement, collaborative practice, and evidence based practice. Christine provides leadership for all local and international activities of the Pathway to Excellence® and Pathway to Excellence - Long Term Care® programs. Her passion for creating healthy work environments extends to her doctoral work, where she is studying the relationships among nurse manager competency, the nursing practice environment, and frontline nurses' intent to stay.



**Achieving Pathway to Excellence® Designation (concurrent session);  
Maggie McCright MSN, RN, NE-BC**

This session builds on the plenary discussion about creating and sustaining a positive practice environment. Standards organizations must meet in order to be recognized as Pathway to Excellence® facilities will be explored, and you'll have an opportunity to assess your own organization's readiness for Pathway designation.

Maggie McCright is a Senior Program Analyst for the ANCC Pathway to Excellence and Pathway to Excellence – Long Term Care programs. Maggie is a board certified nurse leader who has been an innovator and change agent in creating positive practice environments. She has over 20 years of experience in healthcare in many different roles; including health care administration, nurse educator, and nurse leader. Her expertise is in quality improvement strategies, staff engagement, collaborative practice, and evidence based practice. As a program analyst, I support organizations through the document submission process as they create best practices and empower nurses in their organizations.



**Childhood Immunizations; Stephanie Burkholder MN, APRN, FNP-C (concurrent session)** school students? Explore current requirements as well as Montana laws for medical or religious exemptions. We'll also discuss ways to educate and interact with vaccine-hesitant parents or caregivers.

Stephanie Burkholder is an Assistant Professor of Nursing at Carroll College in Helena, where she teaches Assessment & Health Promotion, Nutrition for Healthcare Professionals, and Evidence-Based Practice: Research Methods. She received her BSN from the University of Pennsylvania and her MN (Family Nurse Practitioner) from Montana State University. Prior to her current role as a nurse educator, Stephanie's career focused on pediatric and public health nursing.

**Montana Professional Assistance Program (MPAP): Providing a Path Forward in Improving Health and Wellbeing in the Nursing Profession; Meg McGauley, BSN, RN, and Cecilia Zinnikas, LPC (plenary)**



Are you concerned that a colleague might have a substance use disorder? How can you help? Learn the process for referring a colleague with suspected impairment to the Montana Professional Assistance Program and how the program supports rehabilitation from identification to successful outcome. You'll have an opportunity to discuss personal experiences with responding to a colleague who may be struggling with substance abuse or forms of impairment.

Meg McGauley, a graduate of MSU Bozeman, is the clinical coordinator for the Montana Professional Assistance Program, Inc., where she applies her insight and orientation as an RN to the needs of the nursing community. She is an associate member of the Federation of State Physician Health Programs as well as a voting member of the National

Organization of Alternative Programs.



Cecilia Zinnikas is an MPAP clinical coordinator with previous experience in a similar program in Oklahoma. She has a Master's Degree in Human Relations from University of Oklahoma, and has been an Oklahoma Licensed Professional Counselor (LPC) since 1991. Her professional experience includes Physician Assistance Program management, inpatient hospital psychiatric treatment facility management clinical supervision of psychiatric and substance abuse counselors, psychiatric & substance abuse assessment in various settings including large medical hospital crisis assessment team, mental health therapy, and recovery coaching.

Day 3: Friday, October 5, 2018

**Caring for the Whole Patient; Bardett Fausett, MD**



Why do we do what we do? How do we provide care for patients in all dimensions – physically, emotionally, spiritually, and socially? Share in discussion and case studies to reflect on the importance and value of our roles as healthcare providers.

Dr. Fausett is a maternal-fetal medicine specialist at Community Medical Center in Missoula. He attended medical school at the Uniformed Services University of The Health Sciences and completed his fellowship in Maternal-Fetal Medicine at the University of Utah. During his military service, he provided maternal-fetal medicine consultation throughout Europe.

**Healthcare and Human Trafficking: Nurses on the Frontlines; Shannon Brown, BSN, RN**

Yes, we do have human trafficking in Montana! Explore the scope of the problem and current Montana initiatives to address it. Learn what healthcare providers should look for when assessing patients, including appropriate follow-up. You'll be introduced to specific tools and training opportunities that will help you be more effective in identifying and supporting victims.

Shannon Brown works in the emergency department at Bozeman Deaconess Hospital and is a member of the Gallatin Valley Human Trafficking Task Force. Prior to becoming a nurse, Shannon worked for the United Nations Office on Drugs and Crime (UNODC) as a public information officer specializing in working with NGOs around the world to develop advocacy and prevention campaigns related to human trafficking. Shannon helped create video spots and PSAs that aired on MTV Europe, MTV Asia and British Airways as well as developed outreach tools for NGOs in specific countries. She also edited UNODC's *Global Report on Trafficking in Persons*.